

ALLERGY & ASTHMA CENTER OF WESTERN COLORADO, P.C.

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www.allergywesterncolorado.com

Circle One: Patient Parent Legal Guardian

NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT & CONSENT FORM

I understand that under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information.

I hereby consent to Allergy & Asthma Center of Western Colorado, P.C. (Allergy Center) using or disclosing my protected health information for the purpose of providing treatment to me, obtaining payment for health care services rendered to me or carrying out Allergy Center’s health care operations. I also consent to Allergy Center using or disclosing my protected health information for treatment purposes to another health care provider or entity involved directly or indirectly in my treatment. I further consent to the disclosure of my protected health information in order for another provider or health care entity to conduct health care operations including quality assessment and reviewing the competency of health care professionals.

I further acknowledge Allergy Center has provided me with a copy of it’s Notices of Privacy Practices, which provides a detailed description of uses and disclosures allowed by this consent, as well as other rights I have regarding my protected health information.

Effective April 14, 2003, due to federal regulations HIPAA, we are required to have a release form signed by the patient before we can give out any medical information to any person other than the patient.

Please list below the names and relationships of any authorized individuals with whom we may discuss your medical information.

Name	Relationship
1. _____	_____
2. _____	_____
3. _____	_____

If we cannot reach you, may we leave medical information on a voicemail? YES NO

Note- All electronic communication with the Allergy Center is requested to be conducted through our patient portal in order to remain HIPAA compliant.

Name of patient (please print)

Date of birth

Signature of Patient or Parent/ Legal Guardian

Date

Signature of Parent/ Legal Guardian

Allergy & Asthma Center of Western Colorado Patient Questionnaire

Thank you for answering the following questions so we may better assist you

Patient Name: _____ Date of Birth: _____ Date of Visit: _____

What is the reason for your visit and duration of problem?

Have you had previous imaging / labs / testing related to your visit today? YES NO If yes, please explain

Do you have nasal, sinus or eye allergy concerns? YES NO (If no, may skip)

How long have you had allergy symptoms? _____ How long have you lived in area? _____

Circle all allergy symptoms you have:

Nasal symptoms: Congestion Runny nose Sneezing Itching Post-nasal drip Decrease / Loss of sense of smell

Eye symptoms: itching Watery Swelling Redness Irritation

Other: Sinus pressure Headache **Sinus infections:** Yes No – If yes, how many per year? _____

What seasons do you have allergy symptoms: Year-round Spring Summer Fall Winter

What triggers your allergy symptoms? Pollen Cat Dog Other Animals: _____

Changes in weather Strong scents / odors / perfumes Exercise Cold air Tobacco smoke Eating Uncertain

What medications have you tried / do you take and were they helpful (please circle)?

Nasal Sprays: _____

Oral Medications: _____

Eye drops: _____

Other: _____

Have you previously had allergy testing? YES NO If yes, when / where? _____

Have you previously been on allergy immunotherapy? YES NO If yes, when / how long? _____

Do you have breathing concerns? YES NO (If no, may skip)

How long have you had this issue? _____

Circle any respiratory diagnoses you have: Asthma COPD Reactive airway Disease (RAD) Bronchitis

Symptoms: Cough Wheeze Shortness of breath Chest tightness Difficulty exercising Waking up at night

If coughing:

Cough seems to come from: Deep in the chest Throat clearing / drainage

Is your cough: Dry Productive for clear mucus Productive for colored mucus: _____ (color)

Cough is worse: When lying down After eating With exertion With cold air Other: _____

What triggers your breathing symptoms? Illness Pollen Animals Exercise Cold / Heat Changes in weather

Tobacco smoke Wildfire smoke Poor air quality Scents / odors (perfumes)

Taking aspirin or ibuprofen Reflux / heartburn

Have you had any ER / Urgent Care visits in the past year because of breathing issues? YES NO If yes, when _____

Have you been admitted to the hospital for breathing issues? YES NO If yes, when _____

Have you ever required steroids (oral or injection) to control your breathing issues? YES NO If yes, when _____

Have you ever used an albuterol / quick acting rescue inhaler? YES NO If yes, how often do you use it? _____

Have you ever used a steroid daily maintenance / controller inhaler? YES NO If yes, which one(s)? _____

Medication Allergies YES NO (If no, may skip)

Please list concerning medication(s) and the reaction it caused:

Did you need to take any medications or seek medical attention? Yes No. If yes, please explain _____

Do you have food allergy concerns? YES NO (If no, may skip)

Please list concerning food(s) and the reaction it caused:

Did you need to take any medications or seek medical attention? Yes No. If yes, please explain _____

Do you still eat this food? _____

Do you have insect allergy concerns? YES NO (If no, may skip)

Please list concerning insect(s) and the reaction it caused:

Did you need to take any medications and / or seek medical attention? YES NO If yes, please explain _____

Do you have an epinephrine injection device? YES NO If yes, have you ever needed to use it? _____

Do you have problems with skin rashes? YES NO (If no, may skip)

How long have you had the rash? _____ Is it chronic or does it come and go? _____

What part(s) of your body does it affect? _____

Does anything seem to trigger it / make it worse? _____

What have you tried to make it better? _____

Any previous evaluation for the rash? _____

Do you have other allergy related concerns? If yes, please explain.

Living Environment:

How long have you lived in Western Colorado / Utah area? _____ Where did you live before? _____

Do you live in a: house apartment townhouse / duplex trailer other: _____ How long? _____

Rural area? YES NO Crops on land? YES NO

Heating: Baseboard Forced Air Wood / Pellet Stove In Floor Heat

Cooling: Swamp / Evaporative Cooler Central Air Conditioning Open Windows

Type of Flooring in main house: _____ Bedroom: _____

Type and number of pets inside: ___ Dog(s) ___ Cat(s) Other: _____ Allowed in bedroom? YES NO

Type and number of pets outside: ___ Dog(s) ___ Cat(s) ___ Horse(s) Other: _____

Who else lives with you (patient)? _____

Patient Name: _____ Date of Birth: _____ Date of Visit: _____

Social History:

Are you currently working? YES NO If yes, what is your job / occupation? _____

Are your symptoms better / worse at work? _____ Out of town YES NO? _____ No difference

Any exposures at work / hobbies or other activities that could affect your breathing / allergy concerns? Yes No

If yes, please explain _____

Are you a current smoker? YES NO Are you a former smoker? YES NO If yes, when did you quit? _____

If yes, how many years? _____ How many packs per day? _____

Please circle products used: Cigarettes Cigars Marijuana Vape / E-cigarettes Chewing tobacco

Do you currently live with smoker? YES NO Do they smoke in home? YES NO Car? YES NO

History of excessive alcohol use? YES NO History of Illegal drug use? YES NO

Any Psychological, social or financial problems which affect your health? Yes No If yes, please explain: _____

Past Medical History (please circle):

Asthma	Nasal / Sinus / Eye Allergy	Eczema / Atopic Dermatitis
Food Allergy	Hives / Swelling	Nasal Polyps
Sinus Infections	Recurrent Ear Infections	Prior Pneumonia
Frequent Heartburn	Pulmonary Embolism	COPD or Emphysema
Skin Rashes	Arthritis	Blood Diseases
Cancer _____	Depression / Anxiety	Diabetes
Headaches	Elevated Lipids / Cholesterol	Heart Problems _____
Osteoporosis	Hypertension	Stroke
Thyroid Problems	Glaucoma	Obstructive Sleep Apnea

Other(s): _____

Birth History (if Child) Born full term? YES NO Any complications? YES NO: _____

Please list all CURRENT medications, including over the counter medications & supplements. Please list dose & frequency.

Med: _____ dose: _____ frequency: _____

Med: _____ dose: _____ frequency: _____

Med: _____ dose: _____ frequency: _____

Med: _____ dose: _____ frequency: _____

Med: _____ dose: _____ frequency: _____

Med: _____ dose: _____ frequency: _____

Med: _____ dose: _____ frequency: _____

If more medications, please use space on next page.

Do you receive an annual influenza vaccine? YES NO. If yes, when was your last one? _____

Have you been vaccinated for COVID-19? YES NO. If yes, which one / number doses? _____

Have you received a pneumonia vaccine? YES NO. If yes, when & which one? _____

Previous Surgical History (please circle and note date(s) and additional details if relevant):

Tonsils / Adenoids (Approximate Date: _____)
Ear Tubes (Approximate Date: _____)
Sinus Surgery (Approximate Date: _____)
Nasal Polyp Surgery (Approximate Date: _____)
Open Heart Surgery / Catheterization (Approximate Date: _____)
Joint Surgery (Approximate Date: _____)
Other: _____

Family History (Please check if family history of following and list which relatives- parents, siblings, children, grandparents, aunts, uncles)

_____ **Asthma** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **COPD** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Hay fever / Environmental Allergies** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Eczema** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Food Allergy** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Hypertension** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Heart disease** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Stroke** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____)
_____ **Cancer** (Please circle: Mom Dad Sister Brother Son Daughter Other: _____) - _____
_____ No immediate family members have known health problems
_____ Adopted / Unknown
Other: _____

Review of Symptoms: (Please check if is a CURRENT problem in past several weeks)

_____ Unusual Weight (circle Gain / Loss)	_____ Skin rashes
_____ Unusual Fatigue	_____ Abdominal pain
_____ Sleep Problems	_____ Vomiting / nausea
_____ Snoring	_____ Diarrhea
_____ Visual problems	_____ Blood in stool/ black stool
_____ Hearing difficulty	_____ Urinary difficulty
_____ Swallowing difficulty	_____ Headache / sinus pressure
_____ Heartburn / Acid Reflux	_____ Balance problems / vertigo / dizziness
_____ Shortness of breath	_____ Blocked or plugged ears
_____ Coughing	_____ Post nasal drainage / throat clearing
_____ Chest pain or pressure	_____ Recurrent hoarseness
_____ Chest tightness	_____ Joint pain / swelling / redness
_____ Fevers	

Thank you